Best Practices of the Institutions 2017-2018

BEST PRACTICE-I

- 1. Title of the Practice: Curricular Aspects
- **2. Objectives of the Practice**: The objective of the Practice is to ensure the quality sustenance and quality enhancement. To accomplish this, various measures are undertaken by the University as and when required, keeping in view the curriculum perspective
- **3.** The Context: The best practice was initiated in the context of providing to students an environment of Sustained Disciplined Work, Self-Learning, Flexibility in Pace of Learning, to give design orientation while remaining quality conscious and inculcate the skills of cooperative working.

4. The Practice:

Sustained Disciplined Work A typical semester is designed in an intensive manner with an emphasis on regular and continuous work. The Evaluation System is designed to encourage this concept.

Self-Learning In its attempt to move away from teacher-centred learning to student-specific learning, the curriculum actively encourages self-learning. For this purpose, 15% of the time allotted to theory and tutorial classes is ear marked for independent study.

Flexibility in Pace of Learning The evaluation system makes special provision for different paces of learning for different students. Thus, while specifying a time limit within which tutorial/practical work must be completed, there is scope to submit such work beyond the deadline.

Design Orientation The curriculum is structured so that basic implementation skills and design skills are interwoven together. Quality Consciousness Students should be aware of the importance of continuous improvement, building zero-defect products and doing quality work. All courses will emphasize on quality as an integral part of teaching.

Co-operative Working Given the complexity of technological problems of today large teams must work together to provide solutions. Thus, it is very important to learn group dynamics and to work in teams.

- **5. Evidence of Success** As a result of adoption of this best practice, university has been able to produce technical manpower conforming to global standards, which is reflected by university's placement record showing increase in placement offers with better packages. The students are able to acquire skills of life-long learning and cooperative work culture. Besides, the curriculum of the university has witnessed global acceptance as evident by many of our students getting admitted in various foreign universities of repute for higher studies.
- **6. Problems Encountered and Resources Required** As such the university did not encounter any major problem in adopting and implementing this best practice. The resources turned out to be well within the availability of the university.

BEST PRACTICE-2

1. Title of the Practice: Yoga Classes for the Staff, Students and Teachers

2. Objectives of the Practice:

- > To make aware about the benefits of Yoga
- > To maintain physical and mental health
- To maintain the Blood circulation and Respiratory System of body

The Context: As per the famous slogan "Sound Mind in Sound Body" it is very necessary to maintain the physical and mental fitness. Yoga is the ancient process of Indian community for maintaining ones physical and mental fitness since the ages. As per the vision of Indian Government, the Prime Minister, Mr. Narendra Modi also announced to practice the Yoga classes in the institutions. It is also beneficial for the blood circulation, respiratory system and intellectual growth of human beings. So, it was decided in the IQAC meeting to conduct the Yoga Classes in the institution.

The Practice: The institution has conducted the Yoga Classes for both the Teachers and Students of the College under the guidance of Trained Yoga teacher. The teachers and students actively participated in the Yoga classes in morning shift. It really helped them in rejuvenating the physical and mental health. It also helped in maintaining the cordial relationship among the staff and students

Evidence of Success: The College has succeeded in its aim of conducting Yoga classes for Teachers, Staff and Students. During the session 2017-18, more than 400 students were benefited. Few students were selected in Police Department. Besides this, the college has also succeeded in creating friendly atmosphere among the Students of various classes.

Problems Encountered and Resources Required: In the beginning, there was a timing problem, as many students come from nearby villages, so they were late in the morning. But this obstacle was removed because the College has very good Green Campus and Eco-friendly atmosphere. The important resources like open ground required for the classes were provided by the college.